

samantha vamos

What Happened Before *You* Were Here?

Do you know what happened before *you* were here? Here are some sample questions that you can use to ask members of your family what they did to prepare for your arrival. When you have recorded the answers, you'll have written your own story about you!

Before I was here, did you make a list of baby names? If so, what were they? How did you decide on my name?

Before I was here, did anyone make or buy anything for me? (Remember to ask your family members about all kinds of things, for example, clothing, quilts, blankets, stuffed animals, toys, books, furniture, and more.)

Before I was here, did you eat anything special to help me grow?

Before I was here, did anyone talk to me, or read books to me, or play any music for me to hear?

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Before I was here, did you know if I was going to be a boy or a girl? Did anyone think I was going to be a boy? If so, why? Did anyone think I was going to be a girl? If so, why?

Before I was here, did anyone decorate a room for me? If so, what did they do?

Before I was here, were any family members especially excited about my arrival? If so, who and why?

